









Why Buy Spirit Boosters Tea?

Whole-leaf teas from Spirit Boosters, consisting of the finest tea leaves delicately plucked by hand, are healthier than common supermarket teas, which consist of dusts and fannings and are of the cheapest quality. They also lack the full flavor and health profile as our whole-leaf tea.



Pyramid teabags provide convenient packaging and preparation. They enable the leaves to unfurl, expand and fully interact with the hot water (we recommend filtered water), releasing the rich natural health benefits. Our full-leafed teabags can be steeped three times – a great **value**.

Our <u>single-estate</u> tea creates a unique relationship between consumer and grower. As for a winery, knowing our tea is from a particular estate in Uva Province of Sri Lanka lets the tea drinker know to expect rich aroma and full body. You taste the natural seasonal variation of single-estate teas.



The Ceylon Lion logo is another assurance to you that Spirit Booster's tea has been verified for quality. The Lion Logo is a very important distinction for a product to have. If a manufacturer is to acquire the Lion Logo, they



must go through a series of inspections by the Sri Lanka Tea Board. Each harvest of tea must meet sensorial (taste, aroma, appearance) standards of the finest teas.

The Lion Logo is a symbol of great pride for Spirit Boosters Tea and for a tea nation like Sri Lanka.

It's All About Quality!

<u>Fresh</u> tea from Spirit Boosters comes directly to you from the growers and their camellia sinensis plants, not from a warehouse or auction house.

Fair Trade Certification protects the rights of workers to a safe working environment and fair wages. Premiums paid by Spirit Boosters go into an account for workers to fund quality-of-life projects in their

communities. We believe that when you treat people well, good things come back to you. People who harvest our tea release that positive energy into the products they produce. Our tea products have an abundance of positive energy, increasing quality and healthiness.

<u>USDA-certified organic</u> tea keeps your body from exposure to harmful toxins and chemicals that may nullify the natural health benefits of tea



Recyclable packaging is used for all of our product packaging and shipping packaging, adding to the Spirit Boosters Tea's commitment to quality, sustainability and peace of mind.

Why Drink Tea?

Tea truly does boost your spirit and is an elixir of good health. Tea is rich with antioxidants (catechins, polyphenols), amino acids (L-theanine), a small, healthy dose of caffeine, and other nutrients that have powerful effects on the body, including...

- *Improved brain function/ memory
- *Lower risk of cancer, stroke diabetes and heart disease
- *Stronger, whiter teeth
- *Fresher breath
- *Stronger bones
- *Better mood / sleep
- *More alertness & focus
- *Lower blood pressure
- *Stronger immune system
- *Lower cholesterol

Tea's small amount of caffeine and its unique amino acid L-theanine work to gently invigorate one's body and stimulate one's mind – no jittery feeling or crashes. Tea makes you feel good and live longer. Even drink tea at night without disrupting your circadian rhythms at bedtime.

REMEMBER ALWAYS...Tea up your life™